## AIRE VALLEY MAG COMMUNITY NEWS AND LOCAL BUSINESS DIRECTORY

Dec 2010/ Jan 2011



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## Winter is here so be preparedl

#### Get your rock salt earlywe deliver to your door!

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beat the rush call nathan on 07988 155 933

Love it or loathe it, snow is a seasonal "given" one can't avoid ... Like a good girl scout, the motto is, "be prepared"... I wonder if my client, the rock salt supplier in the ad to the left, is a millionnaire yet, and will he share his proceeds with the rest of us?



AireValley Mag would like to wish you and your family a joyful festive holiday season ... and may 2011 bring you good health and good cheer!



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## HAVE OUR SOCIAL SKILLS LESSENED AS OUR CYBER SKILLS INCREASE?

by RAGHAD BEZIZI

#### YES

In the spectrum of human-communication, first impressions fall into the 'very important' category. A cocktail of factors come into play when making judgement – appearance, posture, facial-expressions, odour (Yes, odour), tone of voice, etc.

The actual content of somebody's speech is relatively un-important. For example, try saying - "I'm great with children." – It's seemingly innocent. Now, deepen your voice, furrow your eyebrows and softly growl, "I'm great with children." \*It's okay to be scared.

This creepiness is going somewhere – How can Social Networking be considered a 'normal' form of communication, when the most important factors of human-interaction are eradicated? With sites such as Myspace, Facebook, and Twitter, our social skills are unused when evaluating people's personalities from a paragraph on an online 'profile'. The digital-manipulation on photographs is amazing. A Johnny Depp could actually be a Wayne Rooney. When their hobbies say 'rock-climbing' and 'pottery', their true interests may be homicide and taxidermy.

Dependency on networking-sites may weaken your interactive behaviour.

Lifting weights does to your arms what conversing in person does to your social skills. It makes them stronger, and more appealing.

\*(Don't try this in public)

NC

Social networking provides a platform where people can voice their opinions to an audience. If anything, confidence and ambition is boosted as more attention is gained! Facebook actions (such as posting 'statuses' about views, having people comment their opinions and pressing the 'like' button) encourage others to express their views confidently, rather than be too timid. Receiving online 'praise' from people you wouldn't consider 'close-friends' can push you to apply this new confidence socially, without hiding behind a screen.

The idea that social skills are faltering due to a dependency on Social Networking is exaggerated-The majority of people tend to contact their close friends and family in person, and reserve social-networking for acquaintances that are harder to reach and, possibly, too annoying to visit in human form.

Social networking lets you keep in touch with people you might've forgotten about otherwise. It isn't nice to discover your old-school friend has joined a radical cult, but you can take comfort in knowing what they're up to.

Social Networking may actually broaden skills, connecting people together. And it's cheaper than texting.

#### Left Over Turkey Dinner in a Spring Roll with Refried Sprouts and Port Chutney

Serves 4

#### **Spring Roll**

10oz Shredded cooked turkey ½ sliced red onion 4oz stuffing

2tbsp cranberry sauce salt and pepper

8 sheets of spring roll pastry

#### Refried Sprouts

½ lb cooked sprouts, chopped

10 pigs in blanket 2oz butter

#### Chutney

1 chopped red onion 2tbsp red current jelly

50ml port

2 sprigs of thyme



#### To make the chutney:

Put all the ingredients together in a pan. Bring to the boil and simmer for 5 minutes. Leave to cool.

#### To make the spring roll:

Mix all the ingredients together and fill the 8 pastry sheets. Roll into a spring roll and deep fry for around 5 minutes.

#### To make the refried sprouts:

Fry all the ingredients in a pan with the butter.

Cooking with Yann from The Old White Bear

#### 49 Main Street Cross Hills BD20 8TT



01535 635916

Why not place your New Year order at the same time? Suppliers of quality, locally sourced beef, lamb, pork and poultry, including hand made sausages, burgers and a variety of pies.

## Now taking orders for ... Barn reared or free range turkey,

Gressingham duck, goose, ribs of beef, legs of lamb and Stand Pies. Please contact us to discuss any of your other Christmas requirements

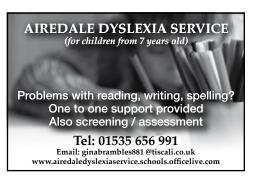
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With her gleaming new shop on North Street in Keighley, and plenty of room to expand, Joanne at Personal

Ice is enjoying the limelight and putting her plans into action. As a creative

cake specialist and sugarcraft

supplier, formerly located in Cavendish Court, the new premises give Joanne the opportunity to branch in to other areas like cookware and bakeware; and eventually she envisions a space for workshops and classes.

The heart of Personal Ice is unchanged. Joanne remains 100% engaged in creating wonderful cakes to suit her customer's celebrations; whether it's for a birthday, anniversary, important event, or especially, for the ultimate celebration, a wedding, Joanne has had 30 years creating and delivering cakes! A client couldn't be in better hands when planning their special occasion.

The traditional wedding fruitcake remains a favourite, a `tier of which can be preserved for a later event of remembrance. (Wedding cakes start from £185, and can be delivered all



over the UK).
Additionally,
there are plain
or chocolate
sponges that
have become
increasingly
popular. For
children's
birthdays,
Joanne's cakes
are expressions

of a child's interests to delight them before they get gobbled up! Personal Ice is now busier than ever,

and has taken on new staff to cope with the demand.

Now THAT is encouraging news and certainly worth celebrating!

Personal Ice Ltd.

68 North Street Keighley BD21 3RY 07811 086657 www.personalicecakes. co.uk











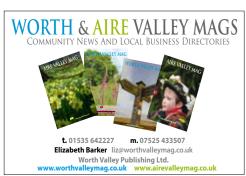












Say you saw it in the Aire Valley Mag!



#### WINED & DINED

by Claire Smith of No.10 The Coffee House

December, and I'm just beginning to feel the sparkle - the almost tangible

excitement that hangs in the crisp winter air and upon bare branches gilded silver and white by early morning frosts; there is an air of anticipation as the festive season approaches. Wintertime - the deep slumber before Springtime nurturing secret life within the sleeping soil; brightly lit homes, open fires and candlelight that bring warmth and light into the darker months as we prepare for the oncoming of another year and celebrate the completion of

another cycle.

December 21st brings

Winter Solstice, the shortest
day traditionally known as

Yule, after which the hours
of light lenghthen a little with

each passing day.Christmas

is a time to celebrate our safe passage through another year. The evergreen tree brought into the home at Christmas represents everlasting life; the mistletoe for kissing under, fertility of both body and mind; the candles that give a warm golden glow to our homes, the return of the sun.

It is not only twinkling lights and the cosiness of home that make the time of year so special. When December hits, my thoughts turn to hot roasted chestnuts, snuggly pre-Christmas suppers writing cards in front of the fire, tins harbouring cakes rich with fruit and brandy from which waft the heady

scent of Christmas when opened, and chocolate, rich, dark and tempting. Food is an essential ingredient when it comes to weaving love and magic into Christmas celebrations.

Certain foods seem almost to belong to Christmas; eating them out of context actually strips away some of their allure, diminishes their power. Mince pies fall into this category as does Christmas pud. Keeping them for Christmas endows them with the power to conjure memories and create atmospheres, their arrival announcing the making of a special kind of magic filled with the promise of the

season.Dropping silver coins into the pudding bestows both the making and eating of it with the potency of a magic spell.

If you are lucky enough to have an open fire on which to roast your chestnuts, try burning resinous woods such as

sandalwood, juniper or bay, which will not only add to the festive atmosphere, but will serve to lift the spirits and facilitate a sense of well being, as well as adding an air of sensuality to the occasion.

Adding a few drops of essential oil - cinnamon, sandalwood or frankincense for example - to candle wax whilst it is still molten will imbue the room with the wonderfull scents of the season once the candle is re-lit. Christmas should be a feast for all the senses shared with those we love, which marks the blessings of the

past year and looks foward to the next.

When it comes to Italian food I am always looking to be impressed. Savoring international dishes in my travels has exposed me to the abundant varieties of Italian cuisine, so I relished the opportunity to dine at Amici Restaurant in Keighley.

Arriving in the restaurant it was more spacious inside than viewed from the street. The décor is wall-to-ceiling white and

quite well lit, which gives it a classic feel. Despite two large birthday groups creating a commotion, I was looked after very quickly. From arrival to getting

a drink at the bar, sitting down and ordering, it seemed to take a matter of minutes. Maybe the atmosphere seemed to make time fly. Amici's is a very lively and popular place on a weekend, buzzing

with the hum of conversation and gaiety. Actually, it added to the authentic Italian experience. I would say that if you want a quiet, intimate meal you might be wiser to book midweek.

For starters I had Mozzarella Milanese; deep-fried mozzarella cheese served with a tomato Napolitano sauce and a small portion of salad. I love the texture of this dish: the crunchy coating and gooey interior of fried cheese. It's not the healthiest dish on the menu, but it works for me every time and this was exceptional as it was just the right-size portion leaving plenty of room for my main course. I've heard the pizzas are



quite special - they're baked in a wood- burning oven (I'll have to try one next time), but I opted for a pasta entree. The Penne Amici; strips of premium beef, rocket, cream, tomatoes, basil and chilli was a very tasty dish with a bit of a kick, something the chilli delivered without knocking me out.

I had enough space left to squeeze in a

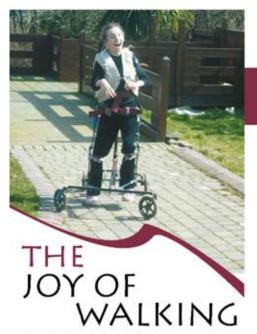
banoffee, an ice cream pudding that really finished me off. By this time the restaurant was slowly emptying out with satisfied-looking diners and, as I lingered over the dessert and slowly drained the last drops of wine (Montepulciano D'Abruzzo), I wondered how I happened to neglect this local gem for so long. When I paid my very affordable bill I was given a free shot of Sambuca, which was a nice touch, at the end of an excellent meal

Amici means friends and I'll certainly recommend it to mine!



105-107 East Parade, Keighley Tel: 01535 610699 www.amici.uk.com

We Support Local Trade



Here in England we all take our walks for granted. And yet, there are many who cannot get up and walk at leisure. Perhaps that is what inspired Keighley's David Hart to create a "walking brace" that not only enables children to stand on their own and be supported, but more amazingly allows them to learn to walk independently within a frame. Imagine the joy these children experience when previously denied this normal human activity of movement.

This local man's vision and experience within the medical research field for 20 years led him to develop body-bracing devices for paraplegics. Eventually, Mr Hart built his own clinic, which gave him the freedom of perfecting his design into expanded uses for the frames. And it is here to Dawson Road that parents from all over the world bring their children to be fitted for these Hart Walking

Frames, allowing the youngsters a freedom from their laborious restrictions for the first time in their lives.

This picture is of Natasha, and her parents' comments attest to the joy of this young girl in her walker:

"The frame is fantastic. It gives her so much freedom. We use it every day – it is good for her health and to stop her having operations on her legs. She can take part in things – she's been climbing and abseiling. She is quite a fit and active girl and we do a lot of walking, and she isn't always in a wheelchair and can get about with her walker."

Rachael Garwatuk, General Manager, and Clinic Technician, Hayley Stott run the clinic with the rest of their team.

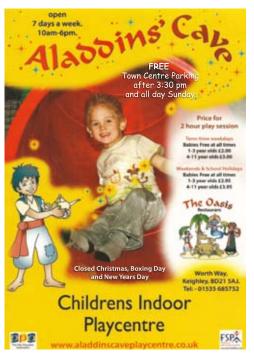


"We do a free-assessment appointment to ascertain a child's specific need. If a walking frame is recommended, measurements are taken and, at a later date, the frame is fitted and adjusted for the child at that stage in growth. Every 3 months, progress appointments are arranged for inspection, adjustments and servicing of the equipment, and also to assess and digitally record a child's progress.

For further information:

The David Hart Clinic. Thorncliffe House, Dawson Road, Keighley, West Yorkshire BD215PH. Tel 01535667306 9 am-4:30 pm Wed, Thurs, and Fridays Email: hartdhc@aol.com

www.davidhartclinic.co.uk

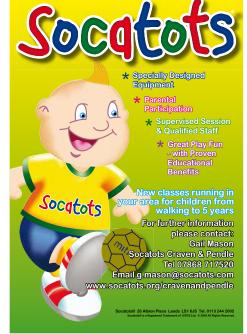












Say you saw it in the Aire Valley Mag!



## BEAR NEWS

THE NEWSLETTER OF CROSS HILLS' OLDEST PUB

# FULLY BOOKED!

ell, not completely!
Our Christmas Day
lunches at the Bear
are fully booked (they were so
popular we were booked up
by mid-November!) but there
are so many other great meal
deals over the festive period
there is no need to feel left
out!



#### STILL AVAILABLE

You can still enjoy a traditional Christmas in a truly traditional English pub - complete with log fires and fresh mulled wine simmering at the bar. There's a CHRISTMAS FAYRE MENU throughout December at lunch and evening times, a BOXING DAY CARVERY from Noon until 8pm, a superb menu for NEW YEAR'S EVE and even a Full English Breakfast from 10am on NEW YEAR'S DAY!

What better place to enjoy a truly traditional festive meal than at one of the oldest buildings in Cross Hills. Built way back in 1735, and at various times in its history serving as a council meeting chamber, a courtroom, a dance hall and even a brothel, The Old White Bear is still very much an

Other dates for your Diary

MONDAY 27 DECEMBER
Darts Tournament (see back page)

WEDNESDAY 5 JANUARY
Wednesday Night is JAM NIGHT bring along your instrument and join in!

WEDNESDAY 19 JANUARY
Book quickly (like Speedy Gonzales!) for our special Mexican evening...

MONDAY 14 FEBRUARY
Treat your loved one to a Valentine meal at the Bear - also available on Sat 12 and Sun 13th February.

important part of the local community.

Pick up a menu in the pub and telephone 01535 632115 or go online and book at our website:

www.oldwhitebear.co.uk



14



Following the success of our evening of music with world.
Champion accordionist

Tom and viola player Julia, we are having regular Jam evenings on the first wednesday of every month. Fancy taking part? Just bring your own instrument and join in!







#### SATURDAY NIGHT'S ALRIGHT FOR DINING!

We've recently launched a new menu specifically for Friday and Saturday evenings. In our special deal, you can get a 4 course meal - Starter, Main, Sweet and Coffee - all for just £12.95! The weekend starts here!

15



how you're loved one how much you care by booking a special Valentine's Meal at the Bear; 4 courses for just £20.00 (plus a complementary glass of Champagne - to get you in the romantic mood! Our special Valentine's meal is available throughout the weekend before Valentine's (Saturday 12th and Sunday 13th) as well as on the day itself (Monday 14th Feb).



farmed steak (from Cross Hills' own New Laithe Farm) - prime cuts of steak cooked to your taste... at amazing prices - much less than on our regular menu!

... and don't forget our other regular events...

EVERY THURSDAY - QUZ NIGHT

Fun general knowledge quiz - with a jackpot!

EVERY SUNDAY - CANDEY

Sunday lunch served from Noon til 5.00pm -Three different traditionally roasted meats plus all the veg you can eat for just £8.00!!



For bookings and enquiries, telephone: 01535 632115 or go online at: www.oldwhitebear.co.uk

The Old White Bear, 6 Keighley Road, Cross Hills BD20 7RN

#### **CROSS ROADS FURNITURE SHOP**

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#### Ian & Linda wish you a Merry Christmas and a Happy New Year

Holiday Opening Hours: Open Sunday Dec 12th, Sunday 19th 11-4, Closed Dec 25, 26, 27th. Open Dec 28, 29 30. Closed Dec 31, Jan 1, 2, 3

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#### Goodwills Professional



### Planning your future for peace of mind

ew Year is traditionally the time for reflection and planning. We look back at where we have come from and we consider the road ahead and where we are going. Taking stock, being prudent, putting things in order, is a way of finding peace of mind.

When it comes to protecting ones assets and planning for the future or looking after family affairs, a trusted professional is an important linchpin.

Fiona Best at Goodwills Professional provides discreet and confidential advice when it comes to planning for the times ahead. She brings over 10 years experience providing expert guidance relating to wills, property trusts, lasting power of attorneys, probate assistance services, guardianships for children, safe custody, and guaranteed funeral services. As a trained professional with an honours degree in Law, Fiona understands the nuances of the legal documents that paper ones life. An attention to detail ensures that her clients' intentions are clearly communicated, properly documented, and registered with the appropriate bodies in a timely manner.

Figna is keen to point out the benefits of putting in place a Lasting Power of Attorney for peace of mind and the protection of loved ones. Should one lose the capacity to make decisions in the future, having a Lasting Power of

Attorney in place gives the assurance that affairs will be dealt with according to ones instructions and by a trusted person of your choosing. The important thing is to act before illness strikes or prior to an accident or unfortunate circumstance. Otherwise the far more complicated and expensive route to gaining access to your affairs is given to the Office of the Public Guardian via the Court of Protection and the state overshadows the whole process.

Mr. & Mrs Gledhill from Steeton found that it was too late to set up a Power of Attorney when Mr. Gledhill's mother became ill. They phoned Goodwills for advice and Fiona guided them through the process including the requirement for taking out insurance and the registration of each part of the documentation.

"Fiona was extremely thorough and made sure we weren't paying any more than was required in fees."

Goodwills ensure you get the control you need and the support required to put your affairs in order. "We were delighted with the work Fiona did for us and we can recommend her highly. Our only advice to others is that it is never too early to start planning for the future!"

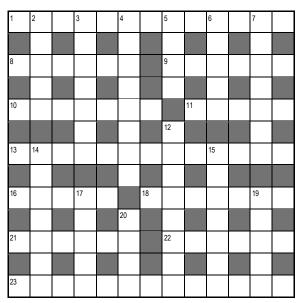
If you would like to arrange a free consultation with Fiona she can outline the various options open to you including Wills, Lasting Power of Attorney's and Probate Assistance



01756 701132 info@goodwillsprofessional.co.uk www.goodwillsprofessional.co.uk

Say you saw it in the Worth Valley Mag!

### **Xmas Xword**



#### Across

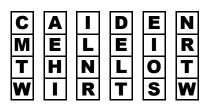
- 1. "The cattle are lowing" carol (4,2,1,6)
- 8. Squirm with impatience (6)
- 9. Sparkly tree decoration (6)
- 10. Bend back on itself (7)
- 11. Canonised person (5)
- 13. "Let men their songs employ" carol (3,2,3,5)
- 16. Irritable
- 18. Christmassy, cheerful (7)
- 21. Rudolf's horn (6)
- 22. Origin of the Three Kings (6)
- 23. "And man will live for evermore" carol (5,3,5)

#### <u>Down</u>

- 2. Christmas we dream of (5)
- 3. Fruity dairy product (7)
- 4. Christmas play (8)
- 5. Glove (4)
- 6. Japanese stealth-warrior (5)
- 7. Ever-lasting (7)
- 12. Ritual or grand occasion (8)
- 14. The Islands of the Pacific (7)
- 15. Flightless bird (7)
- 17. Christmas plant (5)
- 19. Record material (5)
- 20. New-born's bed (4)

#### SIX-RACK

How many six-letter words can you find reading across the racks using just one letter from each? Target: 30 good; 40 excellent; 45 cheat!



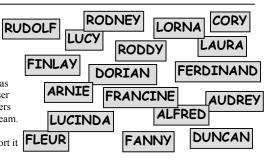
#### W+O+R+D=S+U+M+S

In this puzzle, each of the six letters has a different numerical value between 1 and 9. Given the total value of all the letters in each word, can you deduce the value of each letter, and hence, the value of the six letter keyword?

LEGLESS = 36	S =
ELEGIES = 25	L =
GIGGLE = 18	E =
GLEE = 11	l =
HIGH = 18	G =
HILL = 24	H =
HIS = 19	SLEIGH

## **PERFECT STRANGERS**

Twenty strangers attended a Bridge night and each was given a name-tag. By strange coincidence the organiser noticed that the combined names of each pair of players was an anagram of the two names of their opposing team. He remembered LOUIS and SEAN against SUE and ALISON, but couldn't remember the rest. Can you sort it



## in the Aire Valley?

Can you identify the building or landmark indicated by the red cross in this photograph?

This month's prize is donated by The Keighley & Worth Valley Railway: Day Rover Ticket

Email your answer to:
mail@worthvalleymag.co.uk

The winner will be selected from all correct answers received by Jan 20th, 2011.



Congratulations to P. Roberts of Keighley for correctly answering last months location: Keighley Police Station

Google Earth ©

#### Need more Space for Christmas? Affordable and flexible self storage in Keighley is now available!



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Keighley

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#### **SUDOKU**

Fill in the blank squares so that each row, each column and each 3-by-3 block contain all of the digits 1 thru 9.

If you use logic you can solve the puzzle without quesswork.

7	1			6	8			
			2				8	
	3					1		
			5				2	
1		4				8		3
	8				7			
		6					9	
	2				6			
			1	9			3	5

To advertise call Liz on 01535 642227



Ian Wilson, Town Mayor, Santa & Becky Holmes, of the Pulse breakfast show

Were you able to get to the Lights Switch On in Keighley? Then you would have caught site of Father Christmas with giant penguins this year! And here is a last minute reminder... don't miss this spectacular event:

## 4th and 5th December

Includes an Ice Rink, Ice Sculpture Trail with Live carving by the artist, music, competitions and much more.

DID YOU KNOW? The Keighley Town Centre Association (KTCA) funds events like the Lights Switch on and The Ice Weekend and provides really helpful services like Free Car Parking at Christmas. KTCA It is a public/private partnership and has among its members Bradford District Council, Keighley Town Council and representatives from business and community organisations in and around the Keighley area. Members receive a wide range of benefits throught intertrading and membership is continuing to grow with over 200 organisations enjoying the advantages of being involved. http://www.ktca.co.uk

KEIGHLEY
TOWN CENTRE ASSOCIATION



17	Oakworth 8	& Fell Lane	e Circular			
North Street Wetherspoons		1025		1425		
Coney Lane The Cricketers' Arms		1027	then	1427		
Oakworth Road opp The Brown Cow		1030		1430		
Exley Head		1034	every	1434		
Oakworth Windsor Road		1042		1442		
Slack Lane Baptist Chapel		1043	hour	1443		
Fell Lane The Three Horses		1046		1446		
Oakworth Road The Brown Cow		1050	until	1450		
North Street Wetherspoons		1052		1452		
18	Guard Hous	e & Rlack	Hill Circular			
10	00010 11003	o a biack	Tim Circolai			
North Street Wetherspoons		1100		1500		
Coney Lane The Cricketers' Arms		1102	then	1502		
West Lane The Brown Cow		1105		1505		
Guard House Ring		1110	every	1510		
Braithwaite Avenue Top		1113		1513		
Black Hill Corner		1115	hour	1515		
West Lane The Brown Cow		1118		1518		
North Street Wetherspoons		1120	until	1520		
19	Keighley - Airedale Hospital					
North Street Wetherspoons	1100	every	1500	1530		
Steeton Primary School	1107	,	1507	1537		
Airedale Hospital A&E Dept.	1110	hour	1510	1540		
Steeton Primary School	1114	11001	1514	1544		
North Street op Wetherspoons	1114	until	1522	1552		
Morni Sireer of Weinerspoons	1122	UIIIII	1322	1332		

These services are provided "free-to-users" by Keighley Bus Museum Trust Ltd

Free Car Parking During the Christmas period the Market Street car park will be free for shoppers on Thursdays from 25th November to 30th December and on Saturdays from 4th December to 25th December!









#### SUDUKO ANSWER

7	1	5	9	6	8	3	4	2
4	6	9	2	1	3	5	8	7
2	3	8	7	4	5	1	6	9
6	9	3	5	8	1	7	2	4
1	7	4	6	2	9	8	5	3
5	8	2	4	3	7	တ	1	6
3	5	6	8	7	4	2	9	1
9	2	1	3	5	6	4	7	8
8	4	7	1	9	2	6	3	5

### TOP TECH TIPS by Michelle Thompson of Cloudfree IT

Think back to your childhood and your favourite memories and traditions. Is it the food, the toys, the smell of pine needles? Or the fun to be had watching the grown-ups make fools of themselves at family parties?

In times gone by, Christmas or New Year family get-togethers might have included games of Charades, or Nintendo Blind Man's Buff, and singing carols around the piano. Irrespective of the entertainment on offer the important thing is that kids need quality time with adult relatives, joining in activities they wouldn't normally engage in. It's these memories that hold generations together.

In the 1970's I have memories of playing Monopoly for what seemed like days, til most of the adults went bust and dozed off in a chorus of snoring. And Twister - an excellent way to get maiden aunts to forget about their 'rheumatics', but I recall sitting 'downwind' wasn't a good idea... Sprouts! In the 1980's came Trivial Pursuit: 'Competitive Dad' and 'Arrogant Uncle' in an all out in a battle of wits, reigniting the sibling rivalry of their youth. Hilarious heated arguments over. well. trivia!

Over the last two decades games consoles made their mark in the family entertainment arena, with accessories such as the Dance Mat, the 'EyeToy' camera and 'SingStar' microphones, turning gadgetry into pretty good party fun for all ages.

When the Nintendo Wii arrived, it

brought 10-pin bowling, tennis, golf, and even 'cow racing' to a 'front room near vou'. The Wii 'balance board' brought us the opportunity to try ski-jumping of all things. 'Eddie the Eagle' eat your heart out -Auntie Maude's act vou 'bested'! Guitar Hero started a trend for musical games. Console vendors launched a

> stream of rival products, with Xbox360 Rock Band series enabling true group participation. No more having to 'wait your turn'. Imagine Gramps and the kids playing along

to anything from the Beastie Boys to the Beatles: it's 'You've Been Framed' material for sure!

This year the Xbox360 Kinect has just

launched. A clever camera detecting all body movements even in low light, it enables a range of games to be controlled without the need for any buttons to confuse the

technophobes. Anyone can join in! It can distinguish between multiple players too. With Kinect Dance games it's no longer just about feet. No floor pads to hit in time with the music or controllers to

> wave about it really is about bustin' proper dance moves! Watching 'Dad-Dancing' just took on a whole new dimension for the kids of today. If your loved ones are simply too

far away to join you for a Christmas get together, do stay in touch via email at least. Or better still get yourself set up with a webcam on your PC, so you can see and speak to your family on the big day! How about singing some traditional Carols together over the internet? There's bound to be some 'smile mileage' in this!









makes my services the right choice for you!

Are you a community based group? You can use these Free Listings to communicate to the Aire Valley.

email your details to info@worthvalleymag.co.uk

Sun 5th Dec 10;30 am ST THOMAS' CHURCH, SUTTON-IN-CRAVEN Sunday

**School** meets each Sunday. Contact Ann Cowgill (01535 633372)

Mon 6th Dec 7.30pm ST THOMAS' CHURCH, SUTTON-IN-CRAVEN Choir meets in church. Contact John Sandland (01535 657141).

Mon 6th to Wed 8th Dec 10 am- 4 pm
Paper: A Contempoary Art Exhibition.
The Arts Factory North St. Keighley
Wed 8th Dec 10:30 am Rivock
Plantation 7 miles (11km) circular
walk. Packed lunch required. Meet
Jeff Brodrick at 10.30 am near
the canal bridge at the top of Bar Lane,
Riddlesden near Keighley. What goes up
must come down on this long hard pull to
the moorland boundary between Airedale

Thur 9th Dec 1:45-3:45 pm ST.
THOMAS' CHURCH, SUTTON-IN-CRAVEN
Sequence Dancing, Tea Dances each
Thursday - run by members of the
Church in the Village Hall. £2.00 including
refreshments.

and Wharfedale.

Fri 10th Dec 7:30 pm. Glusburn Institute Swing Commanders are playing. Tel: 01535 630223 Tickets £10 Available on-line or from Glusburn Institute Office www.glusburninstitute.org.uk

Sat11th & Sun12th, Sat 18 & Sun19
Dec Santa's Grotto11:30 am-3:30 pm
East Riddleston Hall. Come and enjoy

East Riddleston Hall. Come and enjoy a magical visit to our Chistmas Grotto, with a gift for all the good girls and boys.



The house will be decked in 1950's style decorations - 1950's dress welcome.

More Information: Estate Office, 01535 607075, eastriddlesden@nationaltrust. org.uk

Sun 12th Dec 2pm Civic Carol Sing Keighley Church Green

Sat 11th Dec 7:30 pm AIREDALE MALE CHOIR, St. Peter's Church Cross Hills in aid of Manorlands Hospice. Tickets £6 including mince pie & coffee.

Cross hills & Glusburn Support group.
Thanking you, Geoff Myers.

Sat 11th Dec 7:30 pm The Great Christmas Mash-Up Airedale Church Center

Sun 12th Dec 4pm Outdoor Nativity
Pageant Starting at the Bay Horse car
park,Sutton in Craven and processing
to Sutton. All welcome to join
in the procession,if possible
come in simple biblical costume.
Mince pies,mulled wine will be
served afterwards in South Craven Baptist
Church.

Sun 12th Dec 2 pm Civic Carol Service Church Green Keighley. Rev Peter Mott 01535 601499.

Wed 15th Dec 10:25 am Take the High Road 5 miles (8km) linear walk. Packed lunch required. Meet Anne Hodgson at 10.25am at the bus stop outside The Fleece Public House, Addingham to catch the 10.35am 762 service bus to Silsden [pay your own fare]. Walk starts from the Memorial Gardens, Silsden at 11am. Quite

a strenuous walk to start as you make your way back over the hill to Addingham.

Sun 19th Dec 10.30 am Lights of Love carol service in aid of Manorlands at Haworth West Lane Methodist Church, opposite the Old Sun Inn. Everyone welcome.

Tue 21st Dec 2 pm ST THOMAS' CHURCH, SUTTON-IN-CRAVEN - Mothers Union meets 3rd Tuesday of every month at 2pm in the Church. Contact Mrs Sandra Thomas (01535 636003).

Mon 27th Dec 10 am gathering

Bronte Vintage Tractor Road Run at Appleyard's Garage on Halifax Road, Keighley. A group of enthusiasts who hold vehicle parades of vintage, classic and modern tractors and other 'pride and joy' vehicles, fundraising for charity such as the Yorkshire Air Ambulance and Riding for the Disabled. Anyone interested in taking part can phone Stanley Turner on 01535 643391 or lan Chapman on 01535 679321.

Tues 28th Dec - 10.00 am - 4.00 pm.

Keighley Model Railway Club

Open Day. Units T1/T2, Keighley

Business Centre, Layouts in
all scales will be running - bring your

Christmas presents and run them on our
tracks! Off street parking and full catering
available. Entry: Adults £2, Children £1.

For more information about the Club, visit
www.keighley-mrc.org.uk.
refreshments.

Sat 1st Jan 11:30 am Funny Hat

and Wig Walk 4 miles (7km) circular walkLight snack required. Meet Jeff Brodrick and Gillian Dale at 11.30am at the Market Sq, Main St., Bingley. Dig out aunties, grandmas or grandads old hat or make a silly wig to keep you warm on this easy family walk through the St.lves Estate. This walk is not suitable for the less mobile and pushchairs.

Wed 5th Jan 10:30 am Dean Beck 6 miles (10km) circular walk Packed lunch required Meet Kenneth Allen at 10.30am at the old stone river bridge, bottom of Stockfield Road, off the A65 Skipton Road, Ilkley. Following part of the Dalesway towards Addingham then its right turn uphill into North Yorkshire returning on a little road walking via Low Austby.

Wed 12th Jan 10:30 am Go with a Swing 5 miles (8km) circular walk. Packed lunch required. Meet Anne Hodgson at 10.30 am at Wesley Place pay and display car park Silsden. Golf couses, woods and canal bank give a varied look a our local alndscape.

Wed 26th Jan 10:45 am Bank Walk 5 miles (8km) circular walk. Packed lunch required. Meet Gillian Dale at 10.45 am near Saltaire railway station, Victoria Road. Saltaire.

A walk around Baildon Village with a bit of climbing and hopefully good long distance views from the top of "The Bank".



#### THEATRE REVIEW

On a recent night out in Keighley I witnessed a man become purple with rage and violently smash a bottle over a woman's head killing her instantly. To make matters worse it was witnessed by a large number of elderly people who apart from a few gasps barely registered a flicker of surprise. Thankfully this wasn't a matter for the police, but the latest production at Keighley Playhouse who were staging a version of the classic horror tale - Jekyll & Hyde.

This was my first visit to this excellent theatre and I was immediately impressed with the friendly atmosphere. This was clearly a regular haunt for many people judging by the familiarity between staff and customers in the bar. The theatre on Devonshire Street is much larger than I expected which was surprising as I must have driven past it countless times and never noticed it. Despite what appeared to be a full house seating was spacious and comfortable and the acoustics were excellent. You can probably hear a pin drop. Unfortunately you could also hear the rustle of sweet wrappers and the recent cold weather brought a few too many coughs in to the auditorium, but the delivery from stage was easily audible. It's a shame to tag the whole experience as amateur dramatics as it feels anything

but amateur. The sets and lighting were excellent and the standard of acting was as good as many I've seen on a bigger stage. Mark Rundle as Dr Jekyll (and Hyde!) was outstanding and I particularly enjoyed Robert Lister as Utterson. He has such a natural presence on stage that vou can't help thinking vou've seen him a thousand times before. His eccentric character got plenty of laughs, particularly when he displayed his weakness for the port. Deborah Mouat played the uncouth Penny at full throttle, practically owning the stage as she swaggered around leering loudly in the face of the snooty Celestine. This gripping tale was brought to its inevitable conclusion as Jekyll's tragic death proved you probably shouldn't indulge in mind altering substances. The cast returned to the stage for enthusiastic applause and upon leaving I overheard many favourable comments from more seasoned clientele. Keighlev Playhouse is well worth supporting. It draws upon the talent of hundreds of local people of all ages and has an excellent programme of forthcoming productions. I'm already looking forward to the next one which promises to be very special - The Railway Children - which is on from the 6th to the 11th December. It's also very affordable. Tickets start from just £4.00. See http:// www.keighleyplayhouse.co.uk for further information.



#### Sports Injury & Massage Clinic Kayleigh Fish

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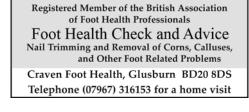
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#### **New Year Blessing** of the house

O God, make the door of this house wide enough to receive all who need human love and fellowship; narrow enough to shut out all envy pride and strife. Make its threshold smooth enough to be no stumbling block for children nor to straying feet, but rugged and strong enough to turn back the tempters power. God make the door of this house the gateway to thine eternal kingdom.





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#### PUZZLE ANSWERS

#### Xmas Xword

Across: 1. Away in a Manger; 8. Fidget; 9. Tinsel; 10. Recurve; 11. Saint; 13. Joy to the World; 16. Techy; 18. Festive; 21. Antler; 22. Orient; 23. Mary's Boy Child Down: 2. White; 3. Yoghurt; 4. Nativity; 5. Mitt; 6. Ninja; 7. Eternal; 12. Ceremony; 14. Oceania; 15. Ostrich; 17. Holly; 19. Vinyl; 20. Crib

#### Six-Rack

Caller, Callow, Careen, Career, Carter, Carton, Chider, Chiton, Cinder, Mailer, Mallet, Mallow, Marlin, Marten, Martin, Mender, Merest, Merlin, Mildew, Miller, Millet, Minder, Tailor, Taller, Tallow, Teller, Tender, Tiller, Tinder, Wailer, Wallet, Wallow, Wander, Wanter, Wanton, Whiten, Whilst, Wilder, Winder, Window, Winter

#### **Perfect Strangers**

Audrey + Lorna vs. Rodney + Laura Rudolf + Arnie vs. Fleur + Dorian Lucinda + Fanny vs. Duncan Finlay Francine + Roddy vs. Ferdinand + Corv Roque Names: Alfred and Lucv **Word Sums** 

S=9, L=7, E=1, I=4, G=2, H=6, SLEIGH=29

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Say you saw it in the Aire Valley Mag!

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**KEEP TRADE** 

Wishing you a Happy Festive Season and prosperous 2011

## **WORTH & AIRE VALLEY MAGS**

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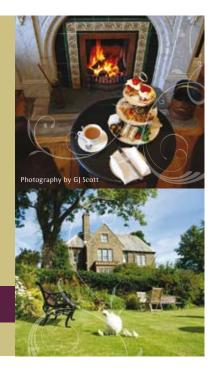
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